

# Congratulations!

We look forward to assisting you with your self-care regimen!

## Total Skin Treatment

### PRE-TREATMENT

*You cannot get this treatment if you have the following:*

- Open wounds in the area being treated.
- Allergy to gold or nickel, any implanted medical device, a diagnosis of a bleeding disorder.
- Those unwilling to strictly follow pre and post treatment instructions.
- Poorly controlled medical conditions that would compromise wound healing.

### 2 WEEKS PRIOR

- Avoid sun exposure, tanning beds and tanning creams.
- Avoid chemical peels in the area being treated.

### 3 DAYS PRIOR

- Stop using RetinA/Retinoids/Tretinoin, Salicylic Acid, BHA/AHA Acids.

### DAY OF APPOINTMENT

- Come to your appointment with a clean face, free of make-up and lotions.
- A topical numbing agent will be applied to the treatment area(s) for 30-45 minutes prior to your service.
- Following your procedure, an ultra hydrating, anti-inflammatory cooling mask will be applied for 20 minutes.
- Please tell your provider if you have a history of cold sores. If so, you will be placed on a prophylactic medication starting the day of treatment x 3 days.

