

Congratulations!

We look forward to assisting you with your self-care regimen!

Brightening Stem Cell Microneedling Post-Treatment

HYDRATE, HYDRATE, HYDRATE!

- Continue to drink plenty of water to keep your skin hydrated from the inside out.

EXPECTATIONS

- Your face may feel tight and a little dry for up to 7 days following the treatment. Areas of hyperpigmentation may look darker or more prominent for up to 1 week post-treatment.
- Redness and warmth are normal and should fade within a few days. You may apply ice for comfort, but avoid scratching or irritating the skin further.

FOR THE REST OF THE DAY

- Apply Hyaluronic Acid (HA) serum as needed to keep the skin hydrated. DO NOT use any other facial products except the HA serum provided by your provider.

TOMORROW MORNING, AND NEXT 3 DAYS

1

Cleanse face with VI Cleanser.
Use warm / tepid water and
pat skin gently dry.

2

Apply AnteAGE
Brightener to entire face.

3

Apply AnteAGE
Serum (1) to the
entire face.

4

Apply AnteAGE
Accelerator (2) to entire
face.

5

Apply Epidermal Repair Cream
throughout the day and before
bed. Wear sunscreen daily.

THINGS TO REMEMBER

- Avoid excessive sweating and sun exposure x 72 hours to prevent inflammation.
- Avoid hot tubs, saunas and steam rooms x 72 hours to prevent skin irritation.
- Sunscreen may not be applied for 24 hours and mineral based sunscreen is required.
- After 3 days, you can gradually reintroduce your regular skincare products, including make-up
as your skin heals and feels comfortable.
- Retinols and exfoliants may be used after 7 days.