

Congratulations!

We look forward to assisting you with your self-care regimen!

Dermal Filler

PRE-TREATMENT

Please schedule your appointment at least 2 weeks in advance from any important event to allow for full healing time.

2 WEEKS PRIOR

- Avoid dental procedures.
- Avoid vaccinations.

3 DAYS PRIOR

- Avoid taking blood thinning agents including Vitamin E, Fish Oil, St. John's Wort, Gingko Biloba and/or NSAIDS (Ibuprofen, Advil).
- Avoid waxing, bleaching, tweezing, or any hair removal creams.

1 DAY PRIOR

- Avoid alcohol.
- Please tell your provider if you have a history of cold sores. If so, you will be placed on a prophylactic medication starting the day of treatment x 3 days.