

# Congratulations!

We look forward to assisting you with your self-care regimen!

## Chemical Peel

### PRE-TREATMENT

#### 7 DAYS PRIOR TO TREATMENT

- Avoid sun exposure. Sun burned skin cannot be treated.

#### 3 DAYS PRIOR TO TREATMENT

- Do not use topical agents that may increase sensitivity of skin: retinoids, topical antibiotics, exfoliants, acids, exfoliating masks, salicylic acids, hydroquinone and benzyl peroxide.
- Do not bleach, wax or tweeze the treatment area.

#### DAY OF TREATMENT

- Please tell your provider if you have a history of cold sores. If so, you will be placed on a prophylactic medication starting the day of treatment x 3 days.

