

# Congratulations!

We look forward to assisting you with your self-care regimen!

## Botox®/ Dysport® / Xeomin®

### PRE-TREATMENT

- No alcohol, NSAID (ibuprofen) or aspirin use 24-hours prior to treatment.
- Treatment cannot be performed if you are pregnant, breastfeeding or allergic to any ingredient.

### POST-TREATMENT

- You may experience a headache or feel “heaviness” in your forehead if treated up to 48-hours post-injection. You are welcome to take Tylenol as needed.
- Small bumps and marks from the injection site typically go away within a few hours of treatment.
- Results from your treatment can take up to 14-days for full effect. \*New clients will be scheduled for an in-person follow-up appointment two weeks post treatment.
- Botulinum toxin is a temporary treatment with results typically lasting 3 months.
- Avoid exercise x 24 hours, avoid laying flat x 2 hours.
- You can apply make-up 2 hours after treatment.

